

KS1 PSHE Education Learning Journey

Students will start LKS2:

- Knowing who is special in their lives, including their friends and family
- Having a basic understanding of healthy choices
- With an understanding of how to stay safe
- With a foundation of CRL and financial education
- Having had an experience of YSA

What can I do to help the world? What can I do to help people feel happier? How can screen time and sleep affect the way we feel? How can I describe my emotions?

Caring for the Environment & Social Responsibility

Healthy Minds

How can I help wildlife? Who really lives in my local environment? How can you look after your feelings and care for yourself? Why is it important to look after our minds and wellbeing? How can I be a champion for inclusion?

Healthy Bodies

Feeling Included

How do I eat a healthy diet? Why is sleeping healthy? How do I keep clean & healthy? How can we make people feel welcome and included? How can we solve problems with friends when we fall out?

Different Types of families

Growth Mindset

How do I have amazing table manners? Who can I talk to if things don't feel right? How can we include everyone in our games? How does Independent Isha become an effective learner?

Enrichment & careers related learning opportunities in KS1:

The OAT Advantage:

- Know how to be kind
- Understand what manners are & why they are important
- #iwill social action opportunity
- Pass on a knowledge or skill
- Learn your address, including postcode, and your phone number
- How to contact emergency services
- Be aware of internet safety
- Make something you can share with others
- Know how to use a knife and fork
- Knowledge of important current & historical figures
- Learn how to ride a bike

CRL encounters from:

- A member of the school community
- A person that keeps the children safe, such as a firefighter, police officer, doctor or paramedic
- A person that keeps the children healthy, such as a doctor, nurse, midwife, nutritionist or pharmacist
- Females working in STEM
- A vicar or registrar

How do you spend time with your family? What is a family? How can Petr Participate and Collaborative Twins Jade and Jacob help themselves and other learn?

Social Action: All Around Us

How do I feel about my beautiful world? Can we make new products from things we would have thrown away? How can we reduce rubbish? How can we make a difference in our class about rubbish?

CRL & Money Matters

Healthy Me

What job would I like to do when I grow up? Where do adults get their money? How can being online be unhealthy? How much sugar is in my lunch? How does exercise keep me healthy?

Staying safe

Who are the special people in my life and why are they special? What keeps me safe outside? How can we keep ourselves safe at home? How can we keep ourselves safe online?

Feelings & Special People

New beginnings

What makes me special? What are feelings and how can I show them? What are the differences between Yr. R and Yr. 1?

