

Community Children's Occupational Therapy Team

28th September 2021



Pride in our children's, young people's and
families' services

Setting the context

Part of:

Community Children's/Paediatric Therapy Services

- Speech and Language Therapy - <https://www.cpft.nhs.uk/speech-and-language-therapy-children>
- Physiotherapy - <https://www.cpft.nhs.uk/physiotherapy-children>
- Occupational Therapy - <https://www.cpft.nhs.uk/occupational-therapy-children>

Aim over the next 12 months:

To provide a clear visual means of communicating:

- who is part of the Children's Therapy teams
- each services' core offers, pathways and referral methods

Routes into Community Children's Occupational Therapy Team

1/ Our early years **ASD online intervention pathway** is all virtual at present (and currently in a recovery model/review)



POSTURAL CARE – THE IMPLICATIONS FOR 'DOING' AND 'BEING'



POSITIONING AND ACCESS FOR PLAY (CHILDREN'S OCCUPATION)



SENSORY PROCESSING AWARENESS AND ACKNOWLEDGING DIFFERENCES IN RELATION TO FUNCTIONAL EVERYDAY ACTIVITIES

2/ Our **Occupational Performance pathway** offers an initial AA/virtual assessment and only f2f if deemed necessary after this, i.e. for a DCD or other standardised assessment or follow up visit

3/ Our **Physical Disability pathway** is mainly f2f provision (and often long term – 12 months plus)

Routes into
Community
Children's
Occupational
Therapy Team

Go To OT Guide

Routes into Community Children's Occupational Therapy Team

18th – 22nd October 2021 webinar training schedule

Time	Mon 18 th Oct	Tues 19 th Oct	Wed 20 th Oct	Thurs 21 st Oct	Fri 22 nd Oct
09:30am				Sensory Processing (SM, TB, LR)	
10:00am					
10:30am					
11:00am				UL Management (AG, TB)	
11:30am					
12:00pm					
12:30pm					
13:00pm					
13:30pm					
14:00pm			Co-ordination (SB, MH, LR)		
14:30pm		Postural care (AG, JE, NR, LR)			
15:00pm					
15:30pm					
16:00pm			Therapy Assistant role (SG, JP, LR)		

Training Area:	What it will include:
Postural care	From a classroom approach to specialist equipment and environmental considerations
Upper limb management	<ul style="list-style-type: none"> Range of movement and exercise programmes Constraint induced movement therapy Botox
Coordination	Fine and gross motor concerns DCD diagnosis
Sensory processing	<ul style="list-style-type: none"> Self-regulation strategies (toolkit) Environmental considerations Sensory circuits/ generalised strategies on how to run a group
Therapy assistant role	<ul style="list-style-type: none"> How they can support in school Equipment needs Therapy programs

Please send requests to book onto sessions to com.jr.childrensoccup@nhs.net and a link will be sent out to you. |

We will not accept a referral if:

There is insufficient evidence that the child's difficulties as you have described them are having a major impact on their access to play, functional abilities, development and/or well being.

The information provided suggests that there are other non-sensory related factors which are likely to be primarily responsible for causing disruption to the child's daily functioning for example, anxiety, emotional issues (these can be a part of emotional regulation and may affect function, however if these are the primary difficulties another service, such as CAMHS/YOUnited maybe more appropriate) behavioural management problems, learning difficulties, or attention difficulties etc. which may require a referral to another service – but we appreciate that these can sometimes be difficult to unpick.

Timeliness of referrals

As soon as you identify that a child has a postural care need and/or sensory differences impacting on their participation in meaningful everyday activities, please consider a referral to our team (early prevention and advice can be beneficial)

We support transition planning so, if equipment is likely to be required as part of a transition to an education setting then please consider referral to us 3-4 months prior to the start date to allow for assessment and sourcing of equipment (it can take time)

If the child requires home adaptations and home equipment remember referral is to the Peterborough City Council OT team details can be found on:
<https://fis.peterborough.gov.uk/kb5/peterborough/directory/service.page?id=QeJsnLtTHM0>
(but it also has the link to come back to our team so just check referral to PCC team).

Recap - Sensory concerns

Within our Community Occupational Therapy Team in Peterborough, we do not provide individual sensory assessments. Our aim is to provide resources that can help parents and carers to better understand their child's sensory needs; we also acknowledge that these needs will change and evolve as a child develops and moves through life-stages.

Our service offer is guided by NICE guidelines and evidence-based practice. We know some therapists offer Ayres Sensory Integration Therapy (ASI) which aims to address any impairment/deficit in underlying neural pathways involved in sensory processing however this approach is not currently recommended within the NICE or RCOT guidelines for our service to follow. Instead, we acknowledge that sensory differences can impact on engagement within daily activities (including unpicking a child's behaviours and whether these are causing or have caused sensory difficulties) and so offer training and strategies around sensory processing with the aim to support families and education settings to be 'sensory friendly', aware of setting realistic expectations and aid engagement in meaningful activities.

Any questions?

Email OT team lead/Service manager for Paediatric Therapies:

lucy.robertshaw@cpft.nhs.uk

OR

Generic e-mail for enquires and referrals:

cpm-tr.childrensotcpft@nhs.net



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families' services