

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Intro into PE	Fundamentals	Dance	Ball Skills	Gymnastics	Games
Year 1	Fundamentals	Sending and receiving	Dance	Dance	Striking and Fielding	Team building
	Ball Skill	Gymnastics	Invasion	Fitness	Athletics	Net and Wall
Year 2	Fundamentals	Sending and receiving	Dance	Dance	Striking and Fielding	Team building
	Ball Skill	Gymnastics	Invasion	Yoga	Athletics	Net and Wall
Year 3	Fundamentals	Football	Dance	Dance	Cricket	Rounders
	Ball Skill	Gymnastics	Netball	Fitness	Athletics	Tennis
Year 4	OAA	Hockey	Dance	Dance	Cricket	Rounders
	Dodgeball	Gymnastics	Netball	Yoga	Athletics	Tennis
Year 5	OAA	Football	Dance	Dance	Swimming	Rounders
	Dodgeball	Gymnastics	Netball	Fitness	Athletics	Swimming
Year 6	OAA	Hockey	Dance	Dance	Cricket	Rounders
	Dodgeball	Gymnastics	Netball	Yoga	Athletics	Tennis

All domains of knowledge (units) are made up of 6 lessons.  
Each class participates in 2 x 45 minute PE lessons per week - fully directed time.