

EYFS PSED Curriculum Overview 2023-2024

Children's personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world. Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others.- EYFS Statutory Educational Programme:

Autumn 1	Autumn 2	Spring 1	
Feeling Focus: Worries - Key Text: Ruby's	Feeling Focus: Kindness- Key Text: Pumpkin	Feeling Focus: Scared /Safe Key Text: Can't You	
Worry	Soup	Sleep Little Bear?	
Express their feelings and consider the feelings	Build constructive and respectful relationships.	The importance of good sleep.	
of others.	Express their feelings, explore emotions,	Trusted Adults- staying safe.	
Focus: Being a safe Pedestrian- People who help	introduce emotion cards for self-evaluation.	Goldilocks and the Three Bears- Healthy	
us- Use the outdoor road signs.	Celebrations- cultural, social- respect.	breakfast.	
Being part of a community – our school.	Kindness in our community- cards for Lapwing	E safety.	
People who help us in school.	Residents.		
Anti-bullying whole school events.	Diwali, Christmas, Bonfire Night.	Mother's Day	
Home- Text: In Every House on Every Street.		Chinese New Year.	
Specific needs – Text: The Abilities in Me –	Specific Needs- Text: I Just Do It Differently – A	Specific Needs: Text: I Talk Like A River – A	
Cerebral Palsy.	book about using a wheelchair.	story about a non-verbal child.	
Spring 2	Summer 1	Summer 2	
Feeling Focus: Resilience-	Feeling focus: Joy, being proud to be me.	Feeling Focus: Lonely/Sad. Key Text: Lost and	
Key Text: Tilda Tries again.	See themselves as a valuable individual. Key	Found. A bit lost.	
Show resilience and perseverance in the face	Texts: The Proudest Blue. Proud to Be Me.	Think about the perspectives of others.	
of challenge.	Big Talk Visit – Looking after our bodies, staying	Focus – Transitions, changes.	
Focus area: Dental Health, Healthy Eating	safe.	Visits to new class. Preparing for changes.	
Know and talk about the different factors that	Celebrating difference – Text: The Same But	Careers Week	
support their overall health and wellbeing.	Different.	Sports Day Celebration- resilience, taking part,	
Eid, Earth Day, Easter.	Father's Day	being proud to be part of a school community.	
Specific Needs – Text: Julian is a Mermaid – being	Specific Needs - A Child's Garden- A story of	Specific Needs – Bodies Are Cool – Celebrating	
unique	hope.	differences	